

**Dear Hospice Waikato Supporter,
In these unprecedented and unpredictable times
palliative care has never been more important.**



Winter 2020

Why is Hospice's palliative care more important now than ever?

As we know those who are elderly, frail, and/or with underlying serious illness are most at risk from COVID-19.

Since our Level Four alert was announced, our Community Nurses have been working tirelessly in the community to ensure that patients receive the very best care. We are taking every precaution to keep patients safe and families and caregivers reassured and supported.

There are many things we still don't know with the situation changing daily but sadly one thing we do know is that COVID-19 is having a devastating effect on our ability to raise funds.

Now more than ever we need your help to keep our service available to our patients.

All of our Hospice Shops are closed. Our fundraising events have been cancelled and community fundraising has stopped. Hospice Waikato is forecasting a loss of revenue in excess of \$1 million dollars.

As an essential service during this lockdown, our staff and nurses will continue to put themselves at risk by continuing to provide our service to people who are living with a terminal illness. We are very aware that this is a difficult and stressful time for everyone but we need your help. Our need is greater than ever before.

Can you help us? Please remember Hospice through the Covid-19 pandemic.

**Please donate to Hospice today
using the form on the back of this
newsletter or donate online at
[hospicewaikato.org.nz/covid19](https://www.hospicewaikato.org.nz/covid19)**



Bequest Acknowledgements

Hospice Waikato is extremely grateful for the bequests received from the following estates in the current financial year.

- Estate of Betty Whitley , administered by Rae & Wright Ltd
- Estate of Gary Roger Nickle, administered by Evans Bailey
- Estate of Christine Margaret Woolford, administered by Tompkins Wake

Thank you

Thank you to the following individuals and businesses who have generously supported Hospice Waikato. We couldn't do it without you.



Dragon Community Trust



Suburbs Community Sports Club - Christmas at the Park



TyrePower Piopio



TyrePower Te Aroha



Harcourts Foundation

Pre-lockdown News

10 Years of Service

At the start of March, two of our staff members Emsa and Liz, celebrated their tenth work anniversary at Hospice Waikato as Healthcare Assistants. From all of us, Happy Anniversary. Thank you for your hard work, your generosity, and your contagious enthusiasm.



L-R: Emsa Folau (Healthcare Assistant), Karen Workman (IPU Team Leader), Liz Milne (Healthcare Assistant) and Wayne Naylor (Director of Nursing)

Show your support

By purchasing merchandise, you are helping Hospice Waikato to provide quality end of life care to 1500 Waikato patients every year, who are living with a terminal illness.

Visit www.hospicewaikato.org.nz/products to view our range of merchandise



Positive Words T-shirts \$29ea

Life as a Rainbow Place Nurse

An inside look into being a paediatric nurse within a Hospice setting with Zoe Fairbrother, our Rainbow Place Team Leader Nurse.

What made you decide to work in palliative care?

It was curiosity for me. When I was a student nurse, I was looking after a child in Hospital and the family told me about the care and support they were receiving from the local Hospice. I was curious and rang about a placement opportunity to see what it was all about.

What are the main differences between adult and children's respite care?

Both services are unique. However, for children's respite it's about providing a much-needed break from time to time for parents and caregivers who are looking after a terminally ill child, which often needs to be more frequent than our adult respite.

Our children's respite is often centred around play and fun rather than rest for the patient, but symptom management is also a part of it. Respite here is more about a regular sleep over for children at Hospice with competent and trustworthy carers providing reassurance for families to try and switch off from the 24/7 care required for their child.

What are some of the highlights and challenges you see on a daily basis?

We often see families who are feeling frustrated and isolated about not being able to change things for their child and sometimes just being a person they can talk to, helps. When families start to talk and share their journeys with you, especially when they start to trust you, to care for their child, you feel like you will then be able to make a difference for them along their journey.

A positive aspect of this job is watching children interact and play together at the parent/carers group while the parents get to unload and chat over a well-deserved coffee. I love seeing the healthcare

assistants and nurses interactions with the children who stay at Hospice, especially hearing about how much they are getting to know the child.

Do you find it difficult to work in an end of life service?

It's an absolute honour and privilege to spend time with our Rainbow Place children and families on their journeys, learning all about the children's little quirks along the way. Therefore, being able to be there for their end of life care is also an honour. I work together with the family/friends and professionals involved to ensure the patient's wishes are being heard and the care/supporting being provided is the best possible care. Each family's journey is so unique and if you feel like you have made a difference to that family, on their journey, you have had a good day, that said, just being there and listening to families' pain and hopes is sometimes enough.

What's one piece of advice you have for families entering our service?

Take the time to get to know the team members, they want to get to know you and your family and WILL always care about you and will always be trying to find new ways of supporting you.



Left: L-R: Rainbow Place nurses Jane Adams, Zoe Fairbrother, and Sarah Garton.

Below: Zoe Fairbrother with Rainbow Place patient Talyn.



A Day in Respite Care at Rainbow Place

Step inside the world of our respite care service for our amazing rainbows who are fighting some big battles. Our respite care service has temporarily closed due to COVID-19 but we look forward to being able to provide this service again as soon as possible for our children.



Can you help us? Please remember Hospice through the Covid-19 pandemic.

Please return this form in the provided prepaid envelope to:

Freeport 938, Hospice Waikato, PO Box 325, WMC, Hamilton 3240

Or freecall 0800 HOSPICE or visit hospicewaikato.org.nz/covid19

Donate via internet banking to Westpac 03-1555-0091553-00. Please ensure you use your unique ID, name and DONO4 as a reference so we can identify your donation.

- I wish to find out more information about leaving a gift in my will. Please send me a brochure.
- I wish to become a Friend of Hospice. Please send me more information.
- I wish to gift a full day of care to a patient (\$1,000)
- I wish to give a half day of care to a patient (\$500)

E-receipts: Would you like to receive your receipt via email? Please include your email address below.

The Privacy Act of 1993 requires us to advise you that we keep contact information of supporters on file to help us with fundraising. If you do not wish us to keep your information, please advise us. If you wish to check the details that we have on your file, you are welcome to enquire. Please notify us if you wish to be removed from our mailing list.

^ NAME

^ VALUE OF DONATION

- Cash**
- Cheque.** Made payable to Hospice Waikato.
- Bank transfer.** See Hospice Waikato bank details, left.
- Automatic payment.** Please send me details.
- Credit Card.** Please debit this amount to my credit card monthly.
- OR
- Credit Card.** Debit this amount to my credit card as a 'one-off' payment.

^ NAME OF CARDHOLDER

^ CARD NUMBER

 / Mastercard Visa

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^ SIGNATURE