



**Celebrate Christmas with a gift
that keeps on giving - shop our
range of merchandise inside.**

November 2020

“My family thought coming to
Hospice Waikato’s IPU meant it was
the end for me – they were wrong...”

Leann shares her
story, hoping to
dispel fears and
misconceptions

**It is a beautiful early spring
morning when we visit Leann
Campbell with her Hospice
nurse Jenni Bell.**

As we arrive, Leann’s Australian grandchildren are bouncing happily on a trampoline in the front garden at the family’s rural dwelling in North Waikato. We have driven through rolling hills and lush Waikato farmland to visit Leann, finally following Hospice Nurse Jenni down the dusty, unsealed driveway to her family home she shares with husband Daryl.

Her daughters Nadine and Shinay greet us in the kitchen “Mum’s upstairs – go up.”

The girls and their five children have recently arrived in the country from Australia after spending the required 14 days in quarantine in Christchurch, they are finally with Leann to spend these precious days with their Mum (and Nana).

> Continued on page 3...



Hospice Waikato community nurse Jenni Bell forms lasting connections with her patients and their families, helping them to make the most of the time they have left together.

Thank you

Thank you to the following individuals, trusts and businesses who have generously supported Hospice Waikato.

- BlueSky Community Trust
- One Foundation Limited
- Harcourts Foundation
- Trust Waikato
- New Zealand Community Trust
- New Zealand Lottery Grants Board
- Double R Developments Limited
- Rodmor Charitable Trust
- Fitness Furnishing Design Store
- Shepton Charitable Trust
- AJ and HC Coppens
- The Gleeson Family
- The Walter Family
- The Pinnel Family
- Gift of care supporters
- Selwyn and Sherry Cook
- Geoff and Linda Maber
- Garry and Julie Moore

Our heartfelt thanks to all our donors, supporters and volunteers. We just couldn't do it without you!



From Craig...

2020 was always going to be a significant year for us. It was the year that the Board committed to developing a Master Service Plan which would guide our service delivery into the future.

It has been a year where our Board undertook an external Evaluation process which has allowed us to review our governance processes and identify areas where additional expertise was required.

The Board also decided that 2020 was the year to review our Constitution, Trust Deed and the Memorandum of Understanding which captures our relationship and interactions with the Waikato Community Hospice Foundation.

And now to COVID-19!

It was almost a month after that initial declaration of our first case that New Zealand moved into an unprecedented full nationwide lockdown.

This impacted significantly on every aspect of the delivery of Hospice Waikato's essential services and throughout the almost 3 months when Covid-19 dominated life in New Zealand.

The speed with which the Hospice Waikato team adapted to life with COVID-19 was remarkable.

Balancing the pressures of family life with the reality of working in health care during a pandemic was a situation that none of us had ever experienced.

Across the board, our team looked for solutions to problems, stayed connected using IT, and kept the wellbeing of patients and their families front of mind.

To say that we are proud of the way our Hospice Waikato team continued to deliver our essential specialist community palliative care service throughout 2020 is an understatement and we would like to take this opportunity to again thank every single one of them for the tremendous job they have done.

Leading Hospice Waikato throughout 2020 has been an absolute honour.

Craig Tambllyn
Chief Executive Officer

In lieu of gifts... consider helping Hospice Waikato instead

In lieu of flowers... a special donation instead of gifts

We all love to mark special occasions, like birthdays, engagements, weddings, anniversaries or even the passing of a loved one with a gift. However, even with the best of intentions, these gifts can be unwanted. Gifting a donation to Hospice Waikato in lieu

of flowers is one alternative to avoid unnecessary gifts for yourself and support those who are living with a terminal illness in the Waikato.

Christmas Gifts

Let's face it most of us don't need more stuff - why not celebrate Christmas by giving back and asking family to make a donation instead of a gift?



Leann is making the most of every moment with Hospice Waikato

We find Leann sitting in her favourite comfy chair enjoying the beautiful undulating rural view from her sunny upstairs lounge. The young-looking 57-year-old's face lights up as she greets Jenni and then is introduced to us.

Leann has invited us here today to share with us her recent three week stay in Hospice Waikato's Inpatient Unit. "My brothers weren't happy at all when they heard I was going into Hospice," she says. "They thought that it meant it was the end for me. I think it's important that people understand that coming into Hospice care or staying at IPU does not mean that you are about to die," she adds. "I was there for three weeks and look at me - I'm getting stronger every day - now that my medication is sorted."

Leann's daughter Nadine agrees, "it's the same in Australia, people don't understand that Hospice is not about dying, it's about living the best life possible, no matter how long you have left."

"Lots of my family visited me in IPU," says Leann - "Even my brothers," she laughs, "and they were like - awh this is nice - and I said come and have dinner with me, they were really surprised."

"One of the most special things about my stay in IPU was the staff," says Leann. "They are like angels; they are so kind and the doctors too. I just wish more people understood that Hospice, and Hospice care, is not something to be afraid of," she adds.

As we say goodbye to the family, it's clear from the warm hugs exchanged that Jenni is very much a loved part of this family's existence, and that is because of the Hospice care Leann is receiving, these very precious days can be shared with the people most important to Leann, in the place she most wants to be - home.

Facts at a glance

- Hospice Waikato cares for approximately 1500 Waikato people (and their family/whanau) every year.
- Hospice Waikato IPU has 11 beds for symptom and pain control, to give carers and family respite from looking after a terminally ill loved one, and sometimes for end of life care.
- Hospice Waikato is only partially funded and must raise over \$5m every year to keep these services available to people like Leann free of charge.

Ways you can help

- Please donate today (see back page)
- Leave a bequest in your will
- Become a Hospice Waikato volunteer
- Hold a fundraising event

It is because of people like you that Hospice Waikato's services are available at no cost.

Shop with us this Christmas and you'll give twice the joy.



High quality inspirational t-shirts



Unisex Positivity Regular Fit Tee

- Regular fit, crew neck
- Available in S, M, L, XL, XXL, XXXL
- Available in white only

Limited Edition Tui Print T-Shirt

- Regular women's fit
- Available in XS, S, M, L, XL, 2XL
- Available in black or white

Limited Edition Positivity T-Shirt

- Regular women's fit
- Available in XS, S, M, L, XL, 2XL
- Available in black or white

Cooking 4 Change cook book

Discover the culinary secrets of Jacinda Ardern, Hilary Barry, Sam Neill, Tiki Taane and many more. A magnificent hard cover book with a cover designed by Dick Frizzell with 101 fabulous recipes across 492 pages.

Order your copy now, a lovely addition to your own kitchen shelves or a lovely Christmas present.



Tea Towels

Update your tired old tea towels with these high-quality, long-lasting cotton tea towels featuring designs created especially for Hospice Waikato.

Our lovely tea towels would also make a beautiful gift. We know you will enjoy these tea towels so order quickly as supply is limited.



Design 1
\$12.99

Design 2
\$12.99

Versatile ladies' long Kōwhai scarf/sarong

Our gorgeous Kōwhai scarf is also a fabulous sarong. This elegant and luxuriously soft summer weight scarf will be a beautiful gift or addition to your wardrobe and it's a 'must' to take with you next time you travel overseas or visit the beach.



\$7.00

Adorable Rainbow Place teddy bears

These gorgeous soft bears are 13cm tall and come with a removable Rainbow Place t-shirt. Sure to be a favourite — collect one in each colour.



\$10.00
each

Christmas 2020 order form



Your information

Name (please print):

Postal address:

Phone:

Email address:

Delivery address if different to above (not to a PO Box or Private Bag):

Payment information

☐ I enclose a cheque for

☐ Please charge my credit card

☐ Visa ☐ Mastercard

Card number:

Expiry date:

Cardholder's name:

Address for receipt (if different to your postal address)

Our wishlist

If you are able to help us with any of the items please send us an email at **marketing@hospicewaikato.org.nz**

• **USB sticks** to provide patients and families with their written life stories

• **Petrol vouchers** to give to volunteers who travel to patients homes

• **Supermarket vouchers** to provide to families who are under financial strain

• **Sugar and vinegar** for making jams and pickles

• **Calico fabric** for making dolls for our Rainbow Place children.

2020 Christmas fundraiser order items

Item	Price (incl GST)	T-shirt Size	Qty	Subtotal
Unisex Positivity White Tee	\$29.90			
LE Tui White Tee	\$29.99			
LE Tui Black Tee	\$29.99			
LE Positivity White Tee	\$29.99			
LE Positivity Black Tee	\$29.99			
Cooking 4 Change cookbook	\$39.00			
Tea Towel - Design 1	\$12.99			
Tea Towel - Design 2	\$12.99			
Kowhai scarf/sarong	\$7.00			
Rainbow Place teddy bear	\$10.00			
Postage & handling*				\$9.00*
My donation to Hospice Waikato				
			Total	

☐ * I wish to collect my items from Hospice Waikato, 334 Cobham Drive, Hamilton (no Postage and handling fee).

Place your order

Please return this order form, by 11th December, to:

FreePost 938, Hospice Waikato, PO Box 325, W.M.C., Hamilton 3240

Tel: 07 859 1260 **Fax:** 07 859 1266

Or scan and email to: marketing@hospicewaikato.org.nz

Or shop online at: www.hospicewaikato.org.nz



Thank you for your support.
Without the support of people
just like you, we couldn't
continue to do what we do.

Dates for your diary

Annual Community Remembrance Services

Hospice Waikato staff and volunteers warmly invite you and your family/whānau and friends to our three services to remember and reflect on recent losses. We encourage you to bring photos or other mementos to place with our candles and flowers as we remember our loved ones. RSVP not required.

Te Awamutu

Monday 7th December, 6.30pm
Alexandra House Chapel, 570 Alexandra St
For further information please phone Te Awamutu Funeral Services on 07 871 5131

Otorohanga

Thursday 26th November, 7pm
St John, 11 Kakamutu Road
For further information please phone V.J. Williams & Sons on 07 878 6100.

Te Kuiti

Thursday 3rd December, 7pm
VJ Williams & Sons, 33 King Street West
For further information please phone V.J. Williams & Sons on 07 878 6100.



Run For Life 2021

March 7th, Hamilton Gardens

Join us for our annual 10 km or 5km Run or Walk for Life. You can use our course starting at Hamilton Gardens or do the distance anywhere you choose - the course of your choice. Do it in memory of a loved one or just for fun. The whole family, dogs included, can enjoy our lovely river side course. Visit events at www.hospicewaikato.org.nz to purchase your entry



Trees of Remembrance

14th November - 24th December,
Farmers stores throughout the Waikato

In the weeks leading up to Christmas, each of the Farmers stores across the Waikato will host a Tree of Remembrance in store. Everyone who makes a donation will receive a card to write their personal message on, which they can then place on the decorated Remembrance Tree. Make sure you keep an eye out for our very special Tree of Remembrance next time you're in a Farmers store.

Looking for a gift that keeps on giving? The 2021 Hospice bauble from Farmers does just that.



\$10.00

by hospice

This Christmas give gifts that give twice - Hospiceshop gift vouchers!



Womenswear

Menswear

Kidswear

Books

Treasures

Visit hospiceshopwaikato.co.nz for holiday hours or to shop or purchase gift vouchers online.

 **hospiceshop**

Turning second hand goods into first class care!

Celebrating Sustainability

The annual Recreate event invited students from the Waikato to celebrate fashion, creativity, and sustainability by creating garments from items and clothing sourced from Hospice shops.

While Covid-19 saw the cancellation of our physical fashion show event in August, the show still went on virtually. The event saw over 57 secondary school entrants showcase their upcycled creations online to our judges in an exciting way to promote sustainability through upcycling to reduce waste in our landfills, while also supporting a great cause – Hospice Waikato.

Entrants used predominately pre-worn clothing, accessories and items which have been sourced from our Hospice Shops to create their entries.

Designers were encouraged to design with creativity, sustainability and by reducing waste.

A special thanks to our sponsors – Caiger Charitable Trust and Lush Cosmetics NZ.

Winners:

Streetwear:

1st: Ivy Nguyen (OVERALL WINNER) (*Hamilton Girls' High School*), 2nd: Shae McMahon (*Hamilton Girls' High School*), Highly commended: Holly Astwood (*Waikato Diocesan School for Girls*)

Colours of the Rainbow:

1st: Rosie Ryan (*WDSG*), 2nd: Fidella WiJaya (*WDSG*).

Denim:

1st: Mio Morisaki (*WDSG*), 2nd: Lucy Thompson (*HGHS*), Highly Commended: Ebony Waudby-Moses (*HGHS*).

Creative Showstopper:

1st: Nicci Lee (*WGS*), 2nd: Tylah Tremayne (*HGHS*), Highly Commended: Lucia Clark (*HGHS*), and Erin Rogers (*WDSG*).

RECREATE FASHION AWARDS 2020



Mio Morisaki



Nicci Lee



Rosie Ryan



Ivy Nguyen



CAIGER
CHARITABLE TRUST

LUSH
FRESH HANDMADE COSMETICS

Sharing a special letter from a patient's wife

Pictured: Colleen Ironside and her late husband Ken.

Dear Hospice Waikato,

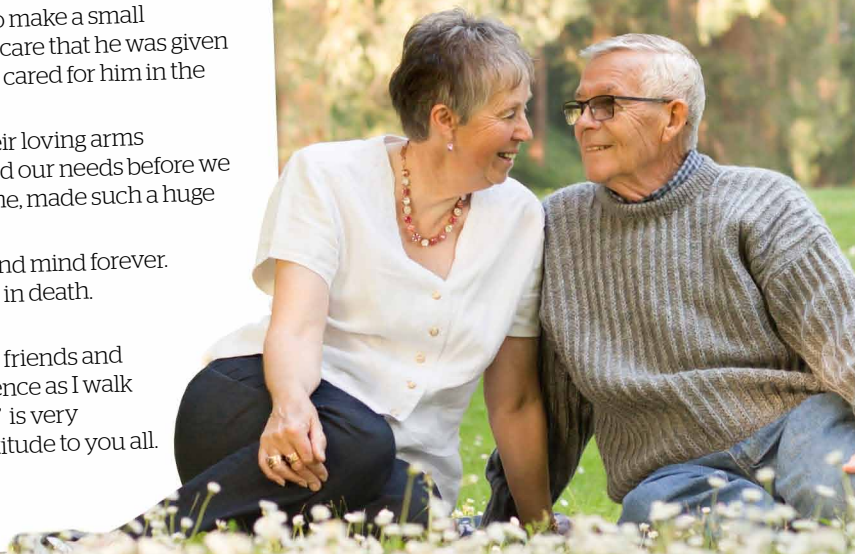
As the widow of James Kennedy Ironside "Ken." I would like to make a small donation in memory of him and to recognise the outstanding care that he was given by his nurse - Kathryn Leet; his counsellor - Nigel; and all who cared for him in the Inpatient Unit, especially Daehong and Ebony.

For me, it felt like the entire Hospice team simply wrapped their loving arms around us both, gave us both so much support and anticipated our needs before we did. Your empathy, care and consideration at that very sad time, made such a huge difference.

Ken has left a huge hole in my life, but he will be in my heart and mind forever. I am so thankful that I was able to care for him in life and then in death. We were still "in love" after 48 years.

My very happy memories and the love we shared, my caring friends and positive attitude help to give me courage, strength, and resilience as I walk along this new pathway in life on my own. Saying 'thank you' is very inadequate as no words or actions can truly express my gratitude to you all.

With love, Colleen Ironside



E-receipts

Would you like to receive your receipt via email? Please include your email address below and leave this section attached to your donation.

We need your help to keep our service available to our patients at no cost. Please help us to continue to provide our care to people who are dying.

Please return this form in the provided prepaid envelope to:

Hospice Waikato, PO Box 325, Waikato Mail Centre, Hamilton 3240

Or freecall 0800 HOSPICE or visit hospicewaikato.org.nz/donate

Donate via internet banking to Westpac 03-1555-0091553-00. Please ensure you use your unique ID, name and DONO4 as a reference so we can identify your donation.

☐ I wish to find out more information about leaving a gift in my will. Please send me a brochure.

☐ I wish to give regularly and become a Friend of Hospice. Please send me more information.

☐ I wish to gift a full day of care to an IPU patient (\$1,000)

☐ I wish to gift a half day of care to a patient (\$500)

\$

^ VALUE OF MY DONATION

☐

Cheque. Made payable to Hospice Waikato.

☐

Bank transfer. See Hospice Waikato bank details, left.

☐

Regular donation. Please complete the enclosed form.

☐

Credit Card. Please debit this amount to my credit card monthly.

☐

Credit Card. Debit this amount to my credit card as a 'one-off' payment.

^ NAME OF CARDHOLDER

^ CARD NUMBER

☐

Mastercard

☐

Visa

^ EXPIRY DATE

^ SIGNATURE

The Privacy Act of 1993 requires us to advise you that we keep contact information of supporters on file to help us with fundraising. If you do not wish us to keep your information, please advise us. If you wish to check the details that we have on your file, you are welcome to enquire. Please notify us if you wish to be removed from our mailing list.

Living Every Moment
hospice
waikato