



## How can I help?

Hospice Waikato supports patients and their families living with a life-limiting illness in the Waikato region. All of our services are provided free of charge but we are only partially funded from the Government. In order to raise the shortfall of funds we rely on the support of individuals, companies, organisations - our community.

There are many ways in which you can help Hospice Waikato, e.g. taking part in one of our events, joining our donor database, shopping in one of our Hospice retail shops located through our region, volunteering, or organising your own fundraising initiative.

However you help, your support will be greatly appreciated and your gift will help us provide care for the people in our community who need us - you will be making every day a better day for them.

Volunteers are integral to our team. Their roles are many and varied, providing an invaluable resource to all aspects of Hospice care. There are many areas volunteers can help at Hospice; some include retail shops, as massage therapists, kitchen help, gardeners, drivers, fundraisers, clerical assistants, and inpatient support.

If you have any queries about donating, volunteering and fundraising for Hospice or need further information please do not hesitate to call us on 0800 HOSPICE.



### Gallagher Family Hospice

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[www.hospicewaikato.org.nz](http://www.hospicewaikato.org.nz)



## What is Hospice?



[www.hospicewaikato.org.nz](http://www.hospicewaikato.org.nz)

## Living every moment with Hospice Waikato

At Hospice Waikato we believe that everyone has the right to die as free from distressing symptoms as possible, in the place of their choice and that their families, care givers and loved ones will receive the necessary support to allow this to happen.

We neither hasten nor prolong death. Our role is to support our patients, their families/whanau and their carers through illness, death and bereavement.

## What is Hospice care?

Hospice Waikato's core focus is to help people living with a life-limiting illness to live life to its fullest, while providing comfort and quality care.

Hospice Waikato is the very heart of specialist community palliative care in the Waikato, providing the highest quality services for people living with an active, progressive and advanced disease or illness.

Hospice Services enable patients to receive palliative care in the place of their choice, such as their home or rest home.

Hospice care has a unique whole person approach- which means physical, emotional, social and spiritual needs are equally important.

Hospice care is provided by a dedicated team that may include: a nurse practitioner, clinical nurse specialist, palliative care nurse, palliative medicine doctor, social worker, counsellor, spiritual care coordinator, trained Hospice volunteer.

**All our services are provided free of charge.**

## Hospice Waikato services

We provide a complete range of specialised care for both the patient and their family. Our services include:



### **Hospice@Home**

For patients who choose to stay at home within Hamilton City, Ngaruawahia, Cambridge.



### **Rural Outreach**

In the outer Waikato, our nurses work in partnership with district nurses and GPs.



### **Rainbow Place**

Our children and young people's hospice and counselling support service.



### **Family Services**

Emotional and social support through illness, death and bereavement including individual and group support, life reviews and creative therapy.



### **11-bed Inpatient Unit**

For symptom management, end of life care and arranged respite.



### **Outpatient Clinic**

For specialist assessment and treatment of symptoms and problems.

## Who are Hospice services for?

Anyone affected by a life-limiting illness, who has complex symptoms or problems that are not able to be managed by their primary care team, may be referred for hospice care.

Our services and care enable patients to stay at home for as long as possible, surrounded by the people and the things they hold dear.

## How do I access these services?

Health professionals may refer patients when the complexity of the illness is such that specialist assistance is needed to achieve control of symptoms, and to provide social, psychological and spiritual support to the patient and family.

People may self-refer, though we will request permission to confirm medical information with your GP or specialist.

